

STATE EMPLOYEE GROUP BENEFITS ADVISORY COUNCIL MEETING MINUTES

Wilderness Conference Room, 2401 Colonial Drive
Helena, Montana

January 22, 2014

SEGBAC Council Present

Chairman: Russ Hill, Administrator, Health Care and Benefits Division
Member: Erin Ricci, Admin. Asst., Department of Natural Resources & Conservation
Member: John McEwen, Representative, State of Montana Retirees
Member: Quint Nyman, Montana Public Employees' Association
Member: Beth McLaughlin, Administrator, Supreme Court
Member: Mary Dalton, Branch Manager, DPHHS, Medicaid and Health Services Branch
Member: Richard Cooley, Senior Investment Officer, Dept of Commerce, Board of Investments

SEGBAC Council Not Present

Member: Christopher Abbott, Office of Public Defender
Member: Amy Sassano, Assistant Budget Director, Office of Budget and Program Planning
Member: Senator Jim Keane
Member: Kelly DaSilva, Human Resource Director, Legislative Services Division

Staff

John Thomas, Senior Health Officer
Amber Godbout, Attorney
Charlotte Hafer, Customer Service Assistant

Kelly Grebinsky, FSA, Principal, Actuaries Northwest
Nancy Schultz, Senior Account Manager, Cigna
Jimmie Barnwell, Director Clinical Operations, CareHere

Guests

Don Creveling, MAHCP	Collette Hanson, BCBS
Brittany Chandler, Delta Dental	Ginger MacDonald, BCBS
Kris Wilkinson, Legislative Fiscal Division	Sherri Rickman, HCBBD
Leslie Bergman, Legislative Services	Amber Thorvilson, HCBBD

Call to Order & Old Business

Russ Hill called the meeting to order at 8:35 AM.

Russ called for approval of the minutes from the October 15, 2013 meeting. John McEwen moved to approve the minutes. Erin Ricci seconded the motion. Motion passed.

Plan Financial Performance

Kelly Grebinsky, with Actuaries Northwest Inc, gave his report in a [power point presentation](#). He reported that the third quarter was the roughest than the last few years. The first quarter looked good because deductibles were raised. The fourth quarter is looking a little rough as well. He said October was a rough month for high dollar claims.

Nancy Schultz with Cigna went over the third quarter report from Cigna in a [power point](#). She stated that the norm used for comparison is other public entities. She did an overview of Your Health First. Ongoing engagement in this program is 863. The most common conditions that people are receiving help on include diabetes, osteoarthritis, coronary artery disease, and depression. She also talked about the catastrophic claim summary.

MT Health Center Update

Jimmie Barnwell gave an update on the Health Centers. He presented his report in a [power point](#). His results are from January 1, 2013 through November 30, 2013. Helena continues to run close to 100% each day. They run with 6-7 providers every day. Billings is open full time and they run with 2 providers a day. Miles City is open part time. Health assessment conditions that have been identified are diabetes, high cholesterol, hypertension, marker for prostate cancer, & obesity. Employee participation in the health screenings is 6810 through November. Of those, 2831 were in Helena. There have been 12,724 unique patient visits to the health centers. There have also been 11,492 contacts with the health coaches.

2014 Incentive Program

This is a new online wellness program through Cigna. There was an [informational packet](#) provided. Russ went over the draft of the plan. The program is based on a point system to reward for engagement. A person needs to get a total of 3,000 points to qualify for the maximum discount of \$30 per month. They need a minimum of 2,000 points to get the lowest level of discount. There was discussion about adding exercise as an option for points.

PPACA Update

The exchanges are now up and running. The only requirement left for us to do in 2014 is to pay the reinsurance fee of \$63 PEY which estimates to being \$1,040,000.

The next meeting will be April 22, 2014. Russ announced that Karen will be the Chairperson at the next meeting. He will be in Colorado. He announced that he will be leaving his position in March. Russ and his wife will be moving overseas to do missionary work.

Public Comment

Russ asked for any public comment. Jon Bennion addressed the committee about Cigna and presented the members a [letter](#).

Russ asked for a motion to adjourn. Quint moved to adjourn. Rich seconded the motion. Motion passed. Meeting adjourned at 11:43 am.